A Bill to Create Mandated Mental Health Classes in High Schools to Improve Overall Happiness

BE IT ENACTED BY THE CONGRESS HERE ASSEMBLED THAT:

SECTION 1. The United States education system is to enforce mental health classes as part of the requirements to graduate high school.

SECTION 2. Mental Health: Emotional, psychological, and social well-being, affecting how you think, feel, handle stress, and make choices.

Classes: Structured academic sessions teaching to students.

High Schools: Public secondary educational institutions serving students in grades 9 through 12.

SECTION 3. The U.S. Department of Education, in collaboration with the Substance Abuse and Mental Health Services Administration (SAMHSA), shall oversee the enforcement of this legislation.

A. Any state that fails to implement a mandated mental health curriculum in its public high schools shall forfeit 10% of its federal funding allocated under the Elementary and Secondary Education Act (ESEA).

SECTION 4. Funding for the administrative coordination and curriculum development by SAMHSA shall be provided by the Department of Education's discretionary fund.

SECTION 5. This legislation will take effect on August 1st, 2028. All laws in conflict with this legislation are hereby declared null and void.

Introduced for Congressional Debate by Alexandra Karch of Park City High School.